***Life Skills Distance Learning April 14th-16th***

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| **TIMES** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** |
|  | **Communication/PE** | **Vocational/Independent living** | **Functional Academic/PE** | **Domestic/Leisure/Safety Travel** |
| 9:00 AM – 9:30 AM | No School | Morning Yoga  <https://www.youtube.com/watch?v=Td6zFtZPkJ4> | Morning Meditation  <https://www.youtube.com/watch?v=vYQy8-7Ut1E> | Morning Yoga  <https://www.youtube.com/watch?v=Td6zFtZPkJ4> |
| 9:30 AM – 10:00 AM |  | **\*Vocational/Independent Living**  **Group 1-****Josh, Troy, Trevor, Frank**  **\*PT**  **Live Lesson on**  **Unloading the Dishwasher (Utensils)** | **News-2-You/ULS/Math**  Read Chapter 5 ULS and answer the questions. It will be e-mailed out during the week | **Leisure**  **Puzzle Challenge**  **Chick on the link for more details**  <https://flipgrid.com/f87f57f6> |
| 10:00 AM – 10:30 AM |  | **\*Vocational/Independent Living**  **Group 2-** **Jack, Alex, Jamie, Carter, John**  **\*PT**  **Live Lesson on**  **unloading the dishwasher**  **(Utensils)** | **Functional Writing**  Write/Type Name  Write/Type Personal Information | **Meal Prep**  For today’s lunch write or type out materials needed  For today’s lesson write or type ingredients/food items needed  Have your materials and food list ready for making lunch |
| 10:30 AM – 11:00 AM |  | **Domestic/Cooking**  Pick a FlipGrid Lesson from my Food Prep page and make lunch. Or you can make your own lunch Respond in FlipGrid What you made. You may need to enter your FlipGrid ID to access.  Turkey Sandwich <https://flipgrid.com/ba74fe84>  Tuna Melt <https://flipgrid.com/2d958094>  Pancakes  <https://flipgrid.com/b935eccf> | **Domestic/Cooking**  Pick a FlipGrid Lesson from my Food Prep page and make lunch. Or you can make your own lunch Respond in FlipGrid What you made. You may need to enter your FlipGrid ID to access.  Turkey Sandwich <https://flipgrid.com/ba74fe84>  Tuna Melt <https://flipgrid.com/2d958094>  Pancakes  <https://flipgrid.com/b935eccf> | **\*Domestic/Cooking**  **Group 1-Josh, Troy, Trevor, Frank**  **\*Group OT**  **(FD OT 10:45-11:00)**  **\*Live Lesson on making a sandwich** |
| 11:00 AM – 11:30 AM | Lunch | Lunch | Lunch | **\*Domestic/Cooking**  **Group 2-Jack, Alex, Jamie, Carter, John**  **\*OT**  **(JF OT 11:15-11:30)**  **Live Lesson on making a sandwich** |
| 11:30 AM – 12:00 PM | Lunch Cleanup | Lunch Cleanup | Lunch Cleanup | Lunch Cleanup |
| 12:00 PM – 1:00 PM |  | **Vocational Work**  Click on the link for vocational task ideas. You may need your FlipGrid ID to access  Clerical job # 1 <https://flipgrid.com/a5ec72df>  Clerical job # 2 <https://flipgrid.com/3ba1b499>  Matching <https://flipgrid.com/dda3dfa1>  Sorting by Color <https://flipgrid.com/4f16afc3>  Counting Sets <https://flipgrid.com/41bc4e39> | **Physical Education**  Click on Mr. Helsel Website for P.E. activities  [Teacher Website](https://nam02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.cbsd.org%2FDomain%2F1847&data=02%7C01%7CMCASTELLI%40CBSD.ORG%7C072b12f5b82743a45ab108d7d51197ee%7Caa0b488ffc9e4185a5e3384220df23ca%7C0%7C0%7C637212143831625052&sdata=nh45u%2F729I5Fc9tL0GO159hqeVtHu8HuWivzPCQApR0%3D&reserved=0) | **Safety Travel**  If you live in a neighborhood take a walk around your neighborhood and practice crossing the street 10 times looking both ways before crossing with a parent/caregiver/older sibling. Also count out how many fire hydrants you have in your neighborhood and let me know. |